



**Township of Southgate
Seniors Advisory Committee**

February 10, 2022

2:00 PM

Electronic Participation

	Pages
1. Call to Order	
2. Confirmation of Agenda	
Be it resolved that the Committee confirm the agenda as presented.	
3. Declaration of Pecuniary Interest	
4. Delegations & Presentations	
5. Adoption of Minutes	3 - 5
Be it resolved that the Committee approve the minutes from the December 9, 2021 Seniors Advisory Committee meeting as presented.	
6. Staff Updates	
6.1. OACAO Membership	
7. New Business	
7.1. Southgate Seniors Health Fair	
7.1.1. Theme of the Fair	
7.1.2. Opening Ceremony for Southgate Seniors Health Fair	
7.1.3. Southgate Seniors Health Fair Budget	
7.1.4. Southgate Seniors Health Fair Advertising	6 - 8
7.1.5. Southgate Seniors Health Fair Lunch	
7.1.6. Southgate Seniors Health Fair Exhibitors and Exhibitor Coordinator	9

7.1.7. Southgate Seniors Health Fair Speakers

7.1.8. Southgate Seniors Health Fair Door Prizes and Welcome Bags

7.1.9. Southgate Seniors Health Fair Volunteers

7.1.10. Southgate Seniors Health Fair Parking Management

8. Members Privilege - Good News & Celebrations

9. Next Meeting

10. Adjournment

Be it resolved that the Committee adjourn the meeting at [TIME].



Township of Southgate
Minutes of Seniors Advisory Committee

December 9, 2021
2:00 PM
Electronic Participation

Members Present: Ellie Adams
Muriel Scott
Arlene Crooks
Catherine Faulds

Members Absent: Barbara Rowe
Jan Powell
Mary Leach

Staff Present: Dave Milliner, CAO
Elisha Milne, Recording Secretary
Holly Malynyk, Customer Service and Support

1. Electronic Access Information

Council recordings will be available on the Township of Southgate [YouTube Channel](#) following the meeting.

2. Call to Order

Chair Ellie Adams called the meeting to order at 2:11PM.

3. Confirmation of Agenda

Moved By Arlene Crooks
Seconded By Muriel Scott

Be it resolved that the Committee confirm the agenda as amended to include the Southgate Seniors Advisory Committee Brochure.

Carried

4. Declaration of Pecuniary Interest

No one declared a pecuniary interest related to any item on the agenda.

5. Delegations & Presentations

5.1 Project Lifesaver Grey Bruce - Sandra Hong, Education Coordinator of Alzheimer Society of Grey-Bruce

Moved By Catherine Faulds

Seconded By Arlene Crooks

Be it resolved that the Seniors Advisory Committee receive the Project Lifesaver Grey Bruce presentation as information.

Carried

6. Adoption of Minutes

Moved By Muriel Scott

Seconded By Catherine Faulds

Be it resolved that the Committee approve the minutes from the October 14, 2021 Seniors Advisory Committee meeting as presented.

Carried

7. Staff Updates

7.1 2022 Southgate Seniors Fair

Member Ellie Adams updated the Committee Members on the Southgate Seniors Fair and discussed any foreseeable barriers. She advised that she has spoken with Richard Amyotte of the Dundalk Fire Department who will also be involved with the Seniors Fair. CAO Dave Milliner confirmed that the Early ON program that runs in the Dundalk Arena will be able to relocate on that day to accommodate the Southgate Seniors Fair. Member Ellie Adams is confident they will have a good turn out. Members discussed a possible in person meeting at the Arena in

early 2022 to view the facility and discuss more detailed plans for the Southgate Senior Fair.

7.2 Southgate Seniors Brochure

Member Catherine Faulds discussed with the Members the challenges and difficulties while preparing the Southgate Seniors Brochure regarding contact and phone information and identifying the main purpose of the brochure and Members discussed.

8. New Business

None.

9. Members Privilege - Good News & Celebrations

All Members shared well wishes to Member Arlene Crooks. CAO Dave Milliner mentioned the challenges of the COVID-19 Pandemic and praised how the Seniors Committee has persevered and kept meeting virtually, he also extended holiday wishes to all the Members. Member Muriel Scott reminded everyone about the Flato Edgewood Suite Open House on December 11, 2021, at 11:00AM. Member Arlene Crooks spoke about how she will be teaching exercise programs again in the New Year.

10. Next Meeting

February 10, 2022, but will be confirmed once the 2022 Council and Committee calendar has been approved.

11. Adjournment

Moved By Catherine Faulds

Seconded By Muriel Scott

Be it resolved that the Committee adjourn the meeting at 3:20PM.

Carried

Chair Ellie Adams

Recording Secretary Elisha Milne

1st Annual Southgate Seniors Health Fair



Over 30 Exhibitors

Promoting Healthy Living for Seniors

Wednesday, September 26, 2018

10AM - 3PM

**Egremont Optimist
Community Centre**

**392137 Grey Road 109
Holstein, Ontario**



**Sponsored by
Southgate Seniors
Advisory Committee**

**For Information Contact
Ellie Adams
519-321-9492**

**FREE ADMISSION
FREE LUNCH
FREE DRAWS
FREE SEMINARS
DEMONSTRATIONS**



**COMMUNITY
FOUNDATION
GREY BRUCE**
We're here for good.



Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

Many Thanks to:
Southgate Township
South East Grey Community
Health Centre
Community Foundation Grey Bruce
OACAO
Voice of Older Adult Centres

*See
You
Next
Year!*



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1st Annual
Southgate
Seniors Health Fair
*Promoting Healthy
Living for Seniors*



Wednesday, September 26, 2018
10AM - 3PM

Egremont Optimist Community Centre
392137 Grey Road 109
Holstein, Ontario



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Southgate Seniors
Advisory Committee



Program Schedule

10:00 - Open to the Public

10:30 - Seminar

Emily Powell - Health Promoter, Grey Bruce Health Unit
"Anyone can fall, don't let that happen to you"

11:00 - Opening Ceremonies

11:15 - Seminar

Mandy Usprech - Advisor, Community Relations & Outreach
"OEB 101" - Ontario Energy Board

12:00 - Seminar

Lynda Cam, Reham Mamoud and Andrew Tan
"Seniors Benefits and Credits" - Canada Revenue Agency

12:45 - Jeremy Bertrand - Senior Tax Advisory Specialist,
"How to Get Your \$ in 30 Minutes" - Ontario Min. of Finance

1:30 - Seminar

Sandra Hong - Public Education Coordinator,
"Boosting Brain Health" - Alzheimers Society

Free Lunch
Stage Demonstrations
Gift Basket Draws

Exhibitors

Abbeyfield House Society of Durham Inc.	Arlene Crooks, Director
Access Reflex by Melanie	Melanie Greenley
Alzheimers Grey Bruce	Jennifer Isber-Legge
Arnold Hearing Centres	Bronwyn Zorian
Birmingham Retirement Lodge	Maija McCahery
Canada Revenue Agency	Lynda Cam
Council on Aging	Wally Halliday
Diabetes Association	Chantelle Walker
Dundalk Fire Department	Don Zeggil/Melanie McGraw
Dundalk Food Bank	Mary Redmond
Dundalk Pharmacy	Ruthann Vanalstine
Esteem Dental Hygiene	Darlene Diebold
Flato-Housing	Muhammad Waseem Bawani
Grey Bruce Health Unit	Emily Powell
Grey County Paramedic Services	Wendy Bieman
Grey Highlands Probus Club	Lisa Wilson
Government of Canada, Service Canada	Carole Churchill
Holstein Presbyterian Church	Brenda Calder
Home & Community Support Services Grey/Bruce	Marg Johnson
OACAO/ Ministry of Seniors Affairs & Accessibility	Shelley Wesseling/Janine Dunlop
Ontario Energy Board	Mandy Usprech
Osteoporosis Canada	Judy Porteous
Parkinson's Society-SW Ontario	Jessica Halls
Phoenix Performance Centre	Dave Reeves
Royal LePage-Seniors Specialist	Rachel Banks
Saugeen Fitness & Spa	Linda Thomson
Share the Care	Dianne Jackson
South East Grey CHC	Tanya Shute
Southgate Library	Lacy Russell
Southgate Public Works	Tracey Dupuis/Kevin Green
St. John Ambulance/Grey Bruce Huron	
The Healthline.ca & Waterloo Wellington Healthline	Teresa Zohorsky
VON Mount Forest	Kelly Gee
Walsh's Pharmacy	Nancy Hartman
White Rose-Housing	Victor DaPalma

2018 Southgate Seniors Health Fair

Wednesday September 26, 2018

Egremont Community Centre, Holstein
392137 Grey County Road 109, Holstein

Vendor Enrollment Form

Organization/Company:

Dundalk Village Pharmacy

1 Main St East Box 730

Dundalk On. N0C 1B0

Phone: 519-923-2215 Fax: 519-923-2475

Contact Person:

RUTHANN VANALSTINE

Address:

1 MAIN ST. EAST

City:

DUNDALK

Province:

ON

Postal Code:

N0C 1B0

Phone #:

[REDACTED]

Email:

[REDACTED]

Type of Product or Display:

[REDACTED]

Total Cost of Display Tables:

\$30.00

Mail enrollment forms to:

Township of Southgate
Attention: Treasurer William Gott
185667 Grey County Road 9, RR 1
Dundalk, ON N0C 1B0

For more information please contact one of the following:

Elvin Martin

or

Ellie Adams

or

Barb Rowe

or

Signature

[REDACTED]

Dated:

June 21, 2018