



**Township of Southgate  
Seniors Advisory Committee**

**December 9, 2021**

**2:00 PM**

**Electronic Participation**

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**Pages**

**1. Electronic Access Information**

If you wish to listen to the Seniors Advisory meeting electronically please wait until the start time of the meeting, then dial in with your phone using the following information:

Phone Number: **1 (647) 497-9373**

Access Code: **302 - 179 - 053 #**

**2. Call to Order**

**3. Confirmation of Agenda**

**Be it resolved that the Committee confirm the agenda as presented.**

**4. Declaration of Pecuniary Interest**

**5. Delegations & Presentations**

- 5.1. Project Lifesaver Grey Bruce - Sandra Hong, Education  
Coordinator of Alzheimer Society of Grey-Bruce**

**3 - 27**

**6. Adoption of Minutes**

**28 - 30**

**Be it resolved that the Committee approve the minutes from the  
October 14, 2021 Seniors Advisory Committee meeting as presented.**

**7. Staff Updates**

- 7.1. 2022 Southgate Seniors Fair**

**8. New Business**

**9. Members Privilege - Good News & Celebrations**

**10. Next Meeting**

**11. Adjournment**

**Be it resolved that the Committee adjourn the meeting at [TIME].**



FINDING Your Way

# Finding Your Way Living Safely in the Community



**Alzheimer Society** *For people with dementia,  
every step counts.*  
GREY - BRUCE



## Finding Your Way is a program designed to:

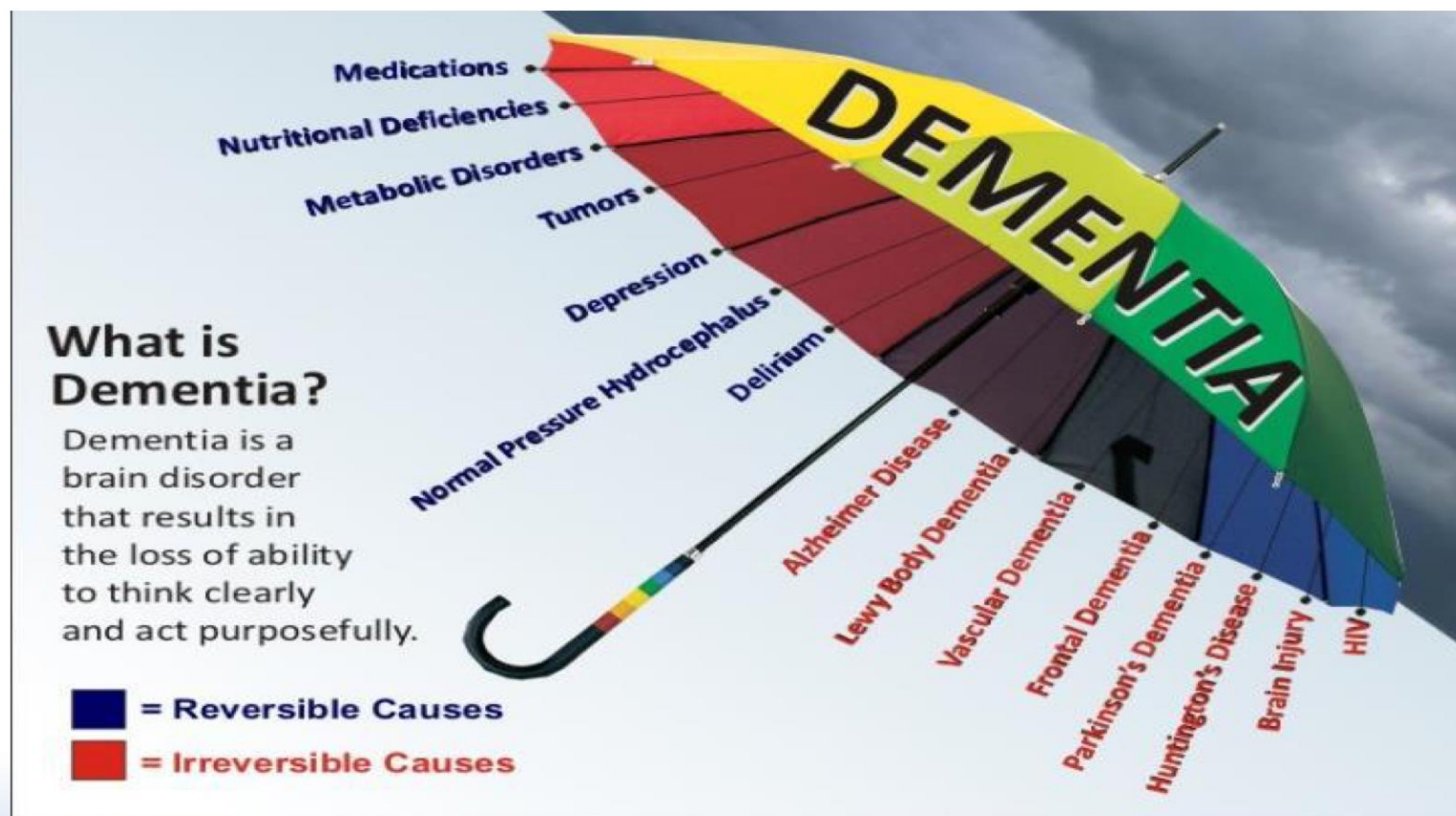
- Raise **awareness** of the risk of going missing for people with dementia
- Help **prevent** missing incidents by promoting the creation of a safety plan
- Support the **safe return** of people who do go missing



FINDING Your Way

For people with dementia,  
every step counts.

# Types of Dementia





FINDING Your Way

*For people with dementia,  
every step counts.*

# Dementia by the numbers

**564,000**

Canadians are currently living with dementia

**16,000**

The number of Canadians under the age of 65 living with dementia

**228,000**

The number of Ontarians living with dementia

**937,000**

The number of Canadians who will be living with the disease in 15 years



## **Why is Finding Your Way important?**

- Three out of five people living with dementia go missing, often without warning.
- Half of those not found within 24 hours will be gravely injured or die
- Nearly 75% of people who go missing are found within a quarter mile of their home or last location seen





**FINDING** Your Way

*For people with dementia,  
every step counts.*

# Dementia-friendly communities







# **Why do people with dementia go missing?**

- **Loss of memory**
- **Changed environment**
- **Searching for the past**
- **Excess energy**
- **Confusing night and day**
- **A job to perform**
- **Discomfort or pain**
- **Dreams**



**FINDING** Your Way

*For people with dementia,  
every step counts.*

**All the potential reasons for someone with dementia to go missing are related to changes that are occurring in the brain.**





## **Signs that someone may be confused about their whereabouts?**

- Not appropriately dressed for the weather
- Looking up at street signs
- Standing still, looking around for a long time
- Look on face of confusion or disorientation
- Repeating the same question in a short period of time



## **How to help the individual?**

- Approach from the front and identify yourself
- Speak slowly and calmly
- Use short simple words and "yes" or "no" questions
- Do not raise your voice
- Ask one question at a time and leave time for response between questions
- Repeat question using the same words used the first time



## **How to help the individual?**

- Maintain a calm environment
- Maintain good eye contact
- Avoid confrontation
- Avoid correcting
- Call police (911)
- Stay with person until police arrive, this may mean walking with them or following behind them.



## **Prevention**

- Register on MedicAlert® SafelyHome®
- Project Lifesaver
- Fill out the Identification Kit found on the Finding Your Way website and take a current picture
- Carry identification
- Consider a locating device
- Involve neighbours, family, friends
- Have a buddy system
- Create check-in systems and routines



**FINDING** Your Way

*For people with dementia,  
every step counts.*

## Locating Devices



**MedicAlert**<sup>®</sup> *Safely Home*<sup>®</sup>  
Canadian MedicAlert Foundation

- A nationwide program designed to help identify the person who is lost and assist in a safe return home
- Members receive an engraved identification which allows police and emergency responders to quickly identify the person who has wandered and bring the family back together
- 1-855-581-3794





## **Identification Kit**

- The kit is a four page tool
- Includes the person with dementia's basic information, physical description, identifying features, recent photo, medical info, potential places to look, car and license plate info, and emergency contact information
- Can be filled in with personal information and passed on to searchers, saving time in event of emergency



## Project Lifesaver

- operated internationally by public safety agencies
- designed for “at risk” individuals who are prone to wandering
- individuals wear a wristband that emits a tracking signal
- signal which can be tracked up to a 2-kilometer radius



# Project Lifesaver

## Participants

- ☐ must be a resident of Bruce or Grey County,
- ☐ have a caregiver or responsible individual in accompaniment twenty-four hours a day

## Application Process

- ☐ applicants complete a Client Profile Form
- ☐ upon acceptance into the Program, applicants sign a Participation Agreement
- ☐ caregivers are provided with an orientation to the Program and equipment

## **Project Lifesaver Grey Bruce**

- South Bruce OPP, Grey Bruce OPP & Owen Sound Police Services
- \$575 initial set up, battery fee and equipment lease (Yr 1)
- \$150 yearly renewal fee and battery charges
- Victim Services does the battery changing.



# Locating Devices

## **Locating devices may be helpful:**

1. To locate a person who is lost
2. To provide increased independence to a person who wishes to go out alone but may become lost

Using a locating device does not decrease the need to check in often with the person with dementia.

# Locating Devices

## Radio Frequency

- Project Lifesaver (where available)
- Wristband worn by the person who may get lost

## Global Positioning Systems (GPS)

- Various models available

## Assisted Global Positioning System (A-GPS)

- Newer technologies such as smart phones and tablets



## **Missing Incident**

- Remain calm
- Call 911 – search is an emergency
  - Provide the police with Identification Kit and recent photo
  - Inform them about medications, where person sometimes goes, any locating device being used, and any registry person might be on
- Mobilize Support:
  - Leave someone at home in case person returns
  - Alert neighbours and friends that person is missing
  - Alert police of credit cards that could be used or license plate





# Missing Incident

## **Do a quick search:**

- Look inside the house including the garage
- Check to see if any items, such as luggage, car keys or credit cards are missing
- Look around the outside of the house (dwelling)
- Do not do this in a rural area as you may compromise the search for police



## **Post Missing Incident**

- Be prepared
- Approach calmly
- Provide reassurance
- Keep your perspective
- Ask for help

# Programs and Services in Grey-Bruce

- Art Therapy
- Melodies and Memories
- Memory Café
- Minds in Motion
- Learning the Ropes with Mild Cognitive Impairment
- Individual Counseling & Support
- Support Groups
- First Link Learning Series for people with dementia & their families/friends





## The Alzheimer Society Grey Bruce is a registered charity

- Money raised in Grey-Bruce stays here to provide information, education, support and counselling services for individuals, families and health care professionals
- Less than 60 per cent of the cost of our budget is funded by government or other outside sources.
- Support through donations ensures that together we continue to make a real difference in the quality of life for individuals with dementia, and for their families and caregivers.



FINDING Your Way

# Thank you

*For people with dementia,  
every step counts.*

**Alzheimer***Society*  
GREY - BRUCE

753 2nd Ave East,  
Owen Sound

519-376-7230 1-800-265-9013

fax 519-376-2428

[www.alzheimer.ca/greybruce](http://www.alzheimer.ca/greybruce)

Education Hour

<https://alzheimer.ca/en/greybruce/We-can-help/Education/education-hour>



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**Township of Southgate**  
**Minutes of Seniors Advisory Committee**

October 14, 2021  
2:00 PM  
Electronic Participation

Members Present: Ellie Adams  
Muriel Scott  
Jan Powell  
Catherine Faulds

Members Absent: Barbara Rowe  
Arlene Crooks  
Mary Leach

Staff Present: Dave Milliner, CAO  
Lindsey Green, Clerk  
Elisha Milne, Recording Secretary  
Holly Malynyk, Customer Service and Support

**1. Electronic Access Information**

Council recordings will be available on the Township of Southgate [YouTube Channel](#) following the meeting.

**2. Call to Order**

Chair Ellie Adams called the meeting to order at 2:10 PM.

**3. Confirmation of Agenda**

**Moved By** Catherine Faulds

**Seconded By** Muriel Scott

**Be it resolved that** the Committee confirm the agenda as amended to include the Southgate Seniors Advisory Committee Brochure.

**Carried**

#### **4. Declaration of Pecuniary Interest**

No one declared a pecuniary interest related to any item on the agenda.

#### **5. Delegations & Presentations**

##### **5.1 Executive Director Stephen Musehl from the Home & Community Support Services Grey-Bruce Presentation**

**Moved By** Catherine Faulds

**Seconded By** Muriel Scott

**Be it resolved that** the Seniors Advisory Committee receive the Home & Community Support Services presentation as information.

**Carried**

#### **6. Adoption of Minutes**

**Moved By** Catherine Faulds

**Seconded By** Muriel Scott

**Be it resolved that** the Committee approve the minutes from the August 12, 2021 Seniors Advisory Committee meeting as presented.

**Carried**

#### **7. Staff Updates**

##### **7.1 Southgate Seniors Fair - September 28, 2022**

Member Ellie Adams advised that there will be a Seniors Fair in 2022 and it will be held on Wednesday September 28, 2022, at the Dundalk Arena and members discussed. South East Grey Community Health Centre and the Young at Heart are on board to assist with organizing the fair and Tanya Shute from South East Grey Community Health Centre has offered to help with submitting applications for funding. Members discussed other ideas for funding and Ellie Adams and CAO Milliner will be arranging a meeting with the Treasurer to discuss Budget.



## **7.2 Meeting with Community Partners**

Members discussed setting up an in person meeting with Community Partners.

## **7.3 Older Adult Centres Association of Ontario (OACAO) - Membership Discussion**

Members discussed the benefits of becoming a member of the Older Adult Centres Association of Ontario (OACAO). The cost of a membership is \$250/year which is April to April.

## **7.4 Southgate Seniors Advisory Committee Brochure**

Committee members discussed the Southgate Seniors Advisory Committee Brochure that member Catherine Faulds has been developing and the need for one local number for people to be able to contact for information.

## **8. New Business**

None.

## **9. Members Privilege - Good News & Celebrations**

None.

## **10. Next Meeting**

Thursday December 9, 2021, electronically.

## **11. Adjournment**

**Moved By** Muriel Scott

**Seconded By** Catherine Faulds

**Be it resolved that** the Committee adjourn the meeting at 3:10 PM.

**Carried**

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Chair Ellie Adams

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Recording Secretary Elisha Milne