

# Township of Southgate

## **Minutes of Seniors Advisory Committee**

August 12, 2021 2:00 PM Electronic Participation

- Members Present: Ellie Adams Muriel Scott Arlene Crooks Catherine Faulds
- Members Absent: Barbara Rowe Jan Powell Mary Leach
- Staff Present: Dave Milliner, CAO Lindsey Green, Clerk Holly Malynyk, Customer Service and Support

# 1. Electronic Access Information

Council recordings will be available on the Township of Southgate <u>YouTube Channel</u> following the meeting.

# 2. Call to Order

Chair Ellie Adams called the meeting to order at 2:03 PM.

# 3. Confirmation of Agenda

Moved By Ellie Adams Seconded By Arlene Crooks

Be it resolved that the Committee confirm the agenda as presented.

### 4. Declaration of Pecuniary Interest

No one declared a pecuniary interest related to any item on the agenda.

### 5. Delegations & Presentations

### 5.1 South East Grey Community Health Centre - Tanya Shute

Moved By Muriel Scott Seconded By Catherine Faulds

**Be it resolved that** the Seniors Advisory Committee receive the South East Grey Community Health Centre presentation as information.

Carried

#### 6. Adoption of Minutes

Moved By Catherine Faulds Seconded By Arlene Crooks

**Be it resolved that** the Committee approve the minutes from the June 10, 2021 Seniors Advisory Committee meeting as presented.

#### Carried

#### 7. Staff Updates

#### 7.1 Abbeyfield Seniors Home - Arlene Crooks

Member Arlene Crooks spoke about the Abbeyfield Seniors Home in Durham. Currently, Abbeyfield has 15 people in the residence. Member Arlene Crooks spoke about some of the challenges faced recently in the COVID-19 pandemic, including having vaccines distributed. Member Arlene Crooks mentioned that the mandate of Abbeyfield House is to provide affordable housing and companionship in their local community where a small group of residents live together with a house manager. All Abbeyfield houses are wheelchair accessible with parking provided and elevators where needed. Each resident has their own room and bathroom, and parking is available. Residents are responsible for furnishing their own rooms and Abbeyfield furnishes all common areas. Breakfast, lunch, and evening meals are served daily with lots of beverages and snacks. Costs vary from house to house depending on the location. Abbeyfield is comprised mostly of seniors who want some support in means of living but are relatively autonomous, Abbeyfield does not provide nursing care. There is currently a waiting list in place if people would like to move to Abbeyfield. Member Catherine Faulds asked if there was an age limit for the residents at Abbeyfield, Arlene noted that there is no minimum requirement, however generally most residents are in their eighties or older.

## 7.2 Verbal Update from CAO Dave Milliner on the Affordable-Attainable Housing Committee

CAO David Milliner reported on the Affordable-Attainable Housing Committee. The CAO reported that an affordable-attainable housing committee was put in place, the members are Gerry McNalty, Muriel Scott, Morgan MacCannell, Jan Powell and Jennifer De Jong with Councillor Shipston and Councillor Sherson as Council appointments and Mayor John Woodbury as an ex officio member. The CAO reported that they are planning their first meeting for September and that the Municipal Planner and the Economic Development Officer will be assisting with parts of the committee. The CAO reported that the price of homes and rent have gotten high and that the Affordable-Attainable Housing Committee will be committed to finding affordable and attainable solutions in the Township of Southgate.

## 7.3 Southgate Seniors Advisory Committee Brochure

Member Ellie Adams gave an update on the Southgate Seniors Advisory Committee Brochure, and has spoken about possibly adding in a contact section for services that are available in the community with phone numbers. Member Catherine Faulds noted that it would be a benefit to add this information and that further discussion could be done. Member Ellie Adams mentioned that it has been difficult to meet as a committee and that it would be useful to meet and discuss more options that are available. The CAO mentioned that the brochure could be good to have upcoming events and contact information for services offered, and that the Economic Development Officer could provide assistance to the Seniors Advisory Committee to provide this type of information.

# 7.4 Grey County Age Friendly Community Strategy and Action Plan

Members spoke about the Grey County Age Friendly Community Strategy and Action Plan. Member Ellie Adams mentioned that there are four workshops looking for public input on the Age Friendly Community Strategy and Action Plan and that these are done over the phone and encourages everyone to participate in the workshops to provide feedback.

## 8. New Business

CAO Dave Milliner provided an update on the South East Grey Community Health Clinic, and that they are hoping to start construction in 2022 on the new medical clinic. The CAO reported that the building will be built off of Dundalk Street in the town of Dundalk. The CAO also mentioned that vaccination clinics have been held in Dundalk and that the numbers have been successful at all clinics. The CAO also mentioned that if the Seniors Advisory Committee had comments on the downtown accessibility project that he would encourage them to voice their opinions.

# 9. Members Privilege - Good News & Celebrations

Member Muriel Scott mentioned that the summer has been nice to be able to celebrate with people with restrictions lifting. Member Arlene noted that in Holstein the VON is using the outside walking track frequently and that they are hoping to go back into the buildings soon in align with current local and provincial guidelines.

## **10. Next Meeting**

October 14, 2021, electronically.

### 11. Adjournment

Moved By Muriel Scott Seconded By Arlene Crooks

Be it resolved that the Committee adjourn the meeting at 3:48 PM.

Carried

Chair Ellie Adams

Recording Secretary Holly Malynyk