



**Township of Southgate
Seniors Advisory Committee**

August 12, 2021

2:00 PM

Electronic Participation

Pages

1. Electronic Access Information

If you wish to listen to the Seniors Advisory meeting electronically please wait until the start time of the meeting, then dial in with your phone using the following information:

Phone Number: **1 (647) 497-9373**

Access Code: **302 - 179 - 053 #**

2. Call to Order

3. Confirmation of Agenda

Be it resolved that the Committee confirm the agenda as presented.

4. Declaration of Pecuniary Interest

5. Delegations & Presentations

5.1. South East Grey Community Health Centre - Tanya Shute

Be it resolved that the Seniors Advisory Committee receive the South East Grey Community Health Centre presentation as information.

6. Adoption of Minutes

3 - 6

Be it resolved that the Committee approve the minutes from the June 10, 2021 Seniors Advisory Committee meeting as presented.

7. Staff Updates

7.1. Abbeyfield Seniors Home - Arlene Crooks

7.2. Verbal Update from CAO Dave Milliner on the Affordable-Attainable Housing Committee

7.3. Southgate Seniors Advisory Committee Brochure

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7.4. Grey County Age Friendly Community Strategy and Action Plan

8. New Business

9. Members Privilege - Good News & Celebrations

10. Next Meeting

11. Adjournment

Be it resolved that the Committee adjourn the meeting at [TIME].



Township of Southgate
Minutes of Seniors Advisory Committee

June 10, 2021
2:00 PM
Electronic Participation

Members Present: Ellie Adams
Muriel Scott
Jan Powell
Catherine Faulds

Members Absent: Barbara Rowe
Arlene Crooks
Mary Leach

Staff Present: Elisha Milne, Recording Secretary

1. Call to Order

Chair Ellie Adams called the meeting to order at 2:04PM.

2. Confirmation of Agenda

Moved By Muriel Scott

Seconded By Jan Powell

Be it resolved that the Committee confirm the agenda as presented.

Carried

3. Declaration of Pecuniary Interest

No one declared a pecuniary interest related to any item on the agenda.

4. Delegations & Presentations

4.1 Deputy Mayor Brian Milne - Update on Long Term Care in Grey County - Campus Care Presentation

No.

Moved By Catherine Faulds

Seconded By Jan Powell

Be it resolved that the Seniors Advisory Committee receive the Update on Long Term Care in Grey County - Campus Care presentation as information.

Carried

5. Adoption of Minutes

Moved By Catherine Faulds

Seconded By Muriel Scott

Be it resolved that the Committee approve the minutes from the April 08, 2021 Seniors Advisory Committee meeting as amended.

Carried

6. Staff Updates

6.1 June is Seniors Month in Ontario

Members discussed that June is Senior's month in Ontario and that it is not very well known. There was a package provided by the Province to Seniors that included tips on staying safe, active, connected, and happy and links to further resources for more information. The Seniors Advisory Committee is going to work together to put an article in the Dundalk Herald to help spread the word about June being Senior's month and additional information about projects in the area such as the Campus Care project, Age Friendly Community and Community and Safety Well Being Plan.

6.2 Gateway Rural Health - Seminar on "Building a Rural Community Where People Can Age at Home"

Member Ellie Adams reported from the Gateway Rural Health Seminar that she attended, and that they are working on fundraising to build financial support for their programs and advocacy to promote the issues that are arising. Member Ellie Adams mentioned the issues that have arisen from COVID and that the day programs have had to close and be put on hold until safe to do so which has created a challenging time for the providers and for the seniors. Member discussed the issues around care giving and lack of support for care givers. Members discussed how they can help a little bit in our community to keep people informed and have social interaction. Member Muriel Scott also joined the Gateway Rural Health Seminar and reported that a main issue is that the systems are not interconnected, and the needs of the community have increased drastically. Member Ellie Adams mentioned the programs offered such as Social Engagement, Changes in Thinking and Behavioral Delirium, Medication Management, Bladder Health Incontinence, Nutrition, Staying Active and Mobility Fall Prevention, Pain Management and House Keeping. Members discussed a program called GAIN, Geriatric Assessment and Intervention Network that has been in operation for 10 years in the Durham Region and they operate as an umbrella body to bring together services in the region and Members are going to work on getting more information from the company and try to find out if there is a more local network.

6.3 Seniors Social Action Ontario

Member Ellie Adams reported on the Seniors Social Action Ontario program and provided the members with information about the program. Member Muriel Scott advised that the Council on Aging receives updates from them and circulate the information.

7. New Business

Member Ellie Adams mentioned the news paper article the Committee will be doing for the Dundalk Herald highlighting that June is Senior's month in Ontario and that member Arlene Crooks used to be on the Board at Abbeyfield and would like her to discuss a bit about that at a

future meeting and invite Tanya to present at the August Seniors Advisory Committee meeting.

8. Members Privilege - Good News & Celebrations

None.

9. Next Meeting

August 12, 2021 Electronically.

10. Adjournment

Moved By Muriel Scott

Seconded By Catherine Faulds

Be it resolved that the Committee adjourn the meeting at 3:13 PM.

Carried

Chair Ellie Adams

Recording Secretary Elisha Milne



**SENIORS
ADVISORY
COMMITTEE**

The Seniors Advisory Committee was established by Council to:

Represent Southgate's seniors' perspectives on municipal and other key seniors' issues (i.e., housing, transportation, affordability, parks, cultural, and recreation services, and service delivery);

Provide a voice for our seniors, exchanging information about current issues and emerging concerns;

Provide input to Township staff as requested;

Work toward identified goals as outlined in an annual work plan

Make recommendations to Council on related matters.

**SOUTHGATE
SENIORS ADVISORY
COMMITTEE**

VOICE

PERSPECTIVE

INPUT

RECOMMENDATIONS

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Community at work for you

Connecting seniors to the resources they need

ABOUT OUR SERVICES

The Seniors Advisory Committee provides recommendations to the Southgate Council on Seniors' issues, solicit input from the Seniors' Community needs and promote awareness of Council decisions, community activities, events and Senior Services offered within the Township of Southgate.

SUPPORT SOLUTIONS

The Seniors Advisory Committee liaisons with the Southgate senior community to provide recommendations to Council on Seniors' issues

CURRENT SOLUTIONS

Working together for up-to-date input on Senior's needs

SERVICES

Community activities, events and Senior Services offered within the Township of Southgate

APPLICATION MANAGEMENT

- ✓ Issues and Barriers
- ✓ Community Needs

- ✓ Input from Seniors
- ✓ Promoting Awareness

- ✓ Activities and Events
- ✓ Seniors' Services

Flexible solutions your community needs

Community consulting provides a total end to end solution



CUSTOM SOLUTIONS

Voicing the viewpoint of the community, provide recommendations to the Southgate Council



WEB SOLUTIONS

Promoting Council decisions, community activities, events and Senior Services offered within the township of Southgate



SOUTHGATE SOLUTIONS

Identifying barriers by seniors to Southgate services and programs. Forming partnerships within the community to educate, and improve the quality of life for seniors.

