



**Township of Southgate
Seniors Advisory Committee**

June 10, 2021

2:00 PM

Electronic Participation

	Pages
1. Electronic Access Information	
If you wish to listen to the Seniors Advisory meeting electronically please wait until the start time of the meeting, then dial in with your phone using the following information: Phone Number: 1 (647) 497-9373 Access Code: 302 - 179 - 053 #	
2. Call to Order	
3. Confirmation of Agenda	
Be it resolved that the Committee confirm the agenda as presented.	
4. Declaration of Pecuniary Interest	
5. Delegations & Presentations	
5.1. Deputy Mayor Brian Milne - Update on Long Term Care in Grey County - Campus Care Presentation	
Be it resolved that the Seniors Advisory Committee receive the Update on Long Term Care in Grey County - Campus Care presentation as information.	
6. Adoption of Minutes	3 - 6
Be it resolved that the Committee approve the minutes from the April 08, 2021 Seniors Advisory Committee meeting as presented.	
7. Staff Updates	
7.1. June is Seniors Month in Ontario	7 - 8
7.2. Gateway Rural Health - Seminar on "Building a Rural Community Where People Can Age at Home"	

7.3. Seniors Social Action Ontario

- 8. New Business**
- 9. Members Privilege - Good News & Celebrations**
- 10. Next Meeting**
- 11. Adjournment**

Be it resolved that the Committee adjourn the meeting at [TIME].



Township of Southgate
Minutes of Seniors Advisory Committee

April 8, 2021

2:00 PM

Electronic Participation

Members Present: Ellie Adams
Muriel Scott
Arlene Crooks
Catherine Faulds

Members Absent: Jan Powell
Mary Leach
Barbara Rowe

Staff Present: Lindsey Green, Clerk
Elisha Milne, Recording Secretary

1. Call to Order

Chair Ellie Adams called the meeting to order at 2:04 PM.

2. Confirmation of Agenda

Moved By Arlene Crooks
Seconded By Muriel Scott

Be it resolved that the Committee confirm the agenda as amended.

Carried

3. Declaration of Pecuniary Interest

No one declared a pecuniary interest related to any item on the agenda.

4. Delegations & Presentations

4.1 Pamela McDermid - Beaver Valley Outreach Seniors Centre Without Walls Presentation

Moved By Arlene Crooks

Seconded By Catherine Faulds

Be it resolved that the Seniors Advisory Committee receive the Beaver Valley Outreach Seniors Without Walls presentation as information.

Carried

4.2 Deputy Mayor Brian Milne - Update on Long Term Care in Grey County - Campus Care Presentation

This item has been deferred to the June 10, 2021 meeting as the presenter was not able to attend.

5. Adoption of Minutes

Moved By Arlene Crooks

Seconded By Muriel Scott

Be it resolved that the Committee approve the minutes from the February 11, 2021 Seniors Advisory Committee meeting as amended.

Carried

6. Staff Updates

6.1 Seniors Ask Program

Members discussed the Seniors Ask Program and what the program has to offer. Member Ellie Adams attended a webinar with the program coordinator and advised that they are actively looking for volunteers. Those who attended the webinar provided their feedback to the coordinator on the structure of the program and have been advised that the Seniors Ask Program is going to be revamped to work better for Seniors during the COVID-19

Pandemic. Member Ellie Adams advised that she is hoping to have them present to the Southgate SAC at a future meeting.

6.2 Library To Go Program

Members discussed the Library To Go Program that Lacy Russell had started prior to the COVID-19 Pandemic and that it is a valuable program offered in the community. Unfortunately, due to COVID, the program has had to come to a stop and Members are hopeful that it will be able to continue in the future. Members Muriel Scott and Catherine Faulds will inquire about the Library To Go Program at the next Library Board Meeting and see if there is a plan to reboot the program in the future and if it could proceed with COVID-19 precautions in place.

6.3 Age-Friendly Community Remote Events Planning Resource

Members discussed the Age-Friendly Community Remote Events Planning Resource information that has been distributed by the Ministry for Seniors and Accessibility. Members discussed gathering information to put together a project that would help in benefiting making Southgate more "age-friendly". Member Muriel Scott is going to work with Clerk Lindsey Green on the possibility of applying for a Grant from Grey County.

7. New Business

There were no New Business items discussed.

8. Members Privilege - Good News & Celebrations

Members discussed receiving their COVID-19 Vaccine and that the vaccine sites in the area are very well organized. Member Arlene Crooks wondered if there were residents in Southgate who are unable to get out to a Vaccine sites who may need a ride and how to assist those who cannot drive. Member Ellie Adams mentioned that she is looking forward to the presentation from Deputy Mayor Milne on the update of Long Term Care in our area at the June 2021 Seniors Advisory Committee meeting. Member Catherine Faulds mentioned about creating a seniors activity brochure, or the possibility of utilizing the Southgate Calendar more to incorporate seniors' activities to help

get the information out to the residents and maybe transfer some of the Beaver Valley Outreach Seniors Centre Without Walls programs onto the Southgate calendar.

9. Next Meeting

June 10, 2021 Electronically.

10. Adjournment

Moved By Arlene Crooks

Seconded By Muriel Scott

Be it resolved that the Committee adjourn the meeting at 3:07PM.

Carried

Chair Ellie Adams

Recording Secretary Elisha Milne

June is Seniors Month

Stay Safe, Active and Connected

Information for Seniors in Ontario

The [Ministry for Seniors and Accessibility](#) works with community organizations to offer supports and tools to help seniors **"Stay Safe, Active and Connected,"** and to live life to the fullest. We are pleased to share information about the programs and services available for Ontario's seniors.

Staying Healthy and Safe During the COVID-19 Outbreak

Seniors are at higher risk of contracting COVID-19. The Chief Medical Officer of Health advises staying at home to reduce risk.

Along with staying home, you should take these everyday steps to reduce exposure to the virus and protect your health:

- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- avoid contact with people who are sick

Use grocery delivery services, friends or family to drop off supplies. Alternatively, seniors in need can visit www.ontariocommunitysupport.ca for the COVID-19 Support Finder to get help. If you can't request service using the internet, or if you require service in a language other than English or French, call:

- Toll-free: 1-877-330-3213
- Toll-free TTY: 1-888-340-1001

- Keep physically active at home as much as possible
- Stay alert to avoid fraud and scams targeting seniors
- Avoid sharing financial or health information by phone
- Do not engage with door-to-door salespeople

June is Seniors Month

Stay Safe, Active and Connected

If you haven't already, book your COVID-19 vaccination appointment. Visit Ontario's [vaccine booking system](#) to schedule an appointment, or call the Provincial Vaccine Booking Line at 1-833-943-3900. For general inquiries, individuals can call the Provincial Vaccine Information Line at 1-888-999-6488. TTY service is also available by calling 1-866-797-0007.

Staying in Touch During the COVID-19 Outbreak

Seniors Active Living Centre programs are helping local seniors stay connected to the community even as they practice physical distancing. Many programs have been modified to allow seniors to connect with others from home. These programs include: Seniors Centre Without Walls, telephone check-ins and online video sessions.

Resources

Find a [Seniors Active Living Centre](#) program in your area.

Read [A Guide to Programs and Services for Seniors in Ontario](#).

Facts About Ontario's Senior Population

Here are some key facts about Ontario's seniors population that are helping to guide ministry planning and programs:

- Seniors are the fastest-growing demographic in Ontario
- Most seniors living in Ontario want to age at home and in their community
- Ontario has the most culturally diverse seniors' population in the country, and is
- home to more than half (53%) of all immigrant seniors in Canada
- 28% of seniors in Ontario, aged 65-69 are working
- 30% are at risk of becoming socially isolated